

# Indiana Coalition Against Sexual Assault

## RPE Community Assessment of Primary Prevention Initiatives

*“Celebrating Our Successes, Envisioning the Future”*

The RPE Community Assessment is provided in support of the *Indiana Sexual Violence Primary Prevention Plan*.<sup>1</sup> The state plan outlines goals that are to be achieved each year beginning in January 2010 and continuing through December 2015.

**Level One Assessment:** Implementation of Nine Principles of Effective Primary Prevention<sup>2</sup> w/ four principles added: Outcome Evaluation, Well Trained Staff, Evidence-Based, Sustained Funding.

**Assessment Scale in th Implementation of Prevention Principles:** 1- Excellent (All aspects of the principle are being achieved), 2- Good (Most aspects of the principle are being achieved), 3- Fair (Some aspects of the principle are being achieved), 4- Needs Improvement (Few if any aspects of the principle are being achieved). See footnotes for a brief definition of each principle that is the basis for the assessment score. A complete rubric is in the process of being developed.

1 (Year) RPE Grantee	2 Geographic Location	3 Comprehensive Strategies <sup>3</sup>	4 Varies Teaching Methods <sup>4</sup>	5 Sufficient Dosage <sup>5</sup>	6 Theory Driven <sup>6</sup>	7 Fosters Positive Relationships Between Youth and Adults <sup>7</sup>	8 Developmentally & Age Appropriate <sup>8</sup>	9 Socio-Culturally Relevant <sup>9</sup>	10 Reports Outcome Evaluations <sup>10</sup>	11 Well- Trained Staff <sup>11</sup>	12 Evidence Based <sup>12</sup>	13 Sustained Funding <sup>13</sup>

<sup>1</sup> A copy of the state plan is available at <http://www.in.gov/isdh/23820.htm>.

<sup>2</sup> Adapted from *Training Professionals in the Primary Prevention of Sexual and Intimate Partner Violence: A Planning Guide* (2010) published by the National Center for Injury Prevention and Control, Division of Violence Prevention, Centers for Disease Control and Nation, M., Crusto, C., Wandersman, A, Kumper, K., Seybokt, D., Morrissey-Kane, E., and Davino, K. (2003). What work in prevention: Principles of effective prevention programs, *American Psychologist*, 58 (67), 449-456.

<sup>3</sup> Multiple components within multiple settings that addresses a wide-range of risk and protective factors.

<sup>4</sup> Multiple teaching methods, includes some type of active, skills-based component.

<sup>5</sup> Multiple exposures, multiple sessions, multiple methods of delivery.

<sup>6</sup> Prevention strategies are explained and based on a theory of social change, best practices or logical rationale.

<sup>7</sup> Activities and programs foster positive relationships between youth and adults.

<sup>8</sup> Prevention strategy is appropriate to the targeted population’s age and demographics.

<sup>9</sup> Programs are adapted or developed to a community’s culture as well as ethnic diversity and language.

<sup>10</sup> A systematic outcome evaluation that includes measurement of changes in beliefs, attitudes and behavior over time.

<sup>11</sup> Staff are trained in primary prevention, skilled at training, receive support and technical assistance, able to relate to targeted audience.

<sup>12</sup> Program strategies that are informed by the best available research, practices and expertise.

<sup>13</sup> Funding sources for primary prevention other than RPE funding.

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**Recommendations:**

DRAFT

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**Level Two Assessment: Assessment within the Six Levels of the Spectrum of Prevention**

**Assessment Scale for Each Level of Primary Prevention:** 1- Excellent (All aspects of Principle are Being Achieved), 2- Good (Most aspects of Principle are Being Achieved), 3- Fair (Some aspects of Principle are Being Achieved), 4- Needs Improvement (Few if any aspects of Principle are Being Achieved). See footnotes for definition of each principle. A complete rubric is being developed.

A (Year) RPE Grantee	B Geographic Location	1 Strengthening Individual Knowledge and Skills <sup>14</sup>	2 Promoting Community Education <sup>15</sup>	3 Educating Providers <sup>16</sup>	4 Fostering Coalitions and Networks <sup>17</sup>	5 Changing Organizational Practices <sup>18</sup>	6 Influencing Policy and Legislation <sup>19</sup>

<sup>14</sup> Working at the individual level with a focus on specific strategies to prevent sexual violence.

<sup>15</sup> Strategies that reach groups of people with information and resources to prevent sexual violence.

<sup>16</sup> Training a variety of individuals within organizations on primary prevention and providing the technical assistance to these groups in the delivery of primary prevention.

<sup>17</sup> Bringing groups of people together to establish viable and sustained partners in prevention at the community and state level.

<sup>18</sup> Adopting policies and practices within institutional norms to prevent sexual violence.

<sup>19</sup> Developing strategies and laws to prevent sexual violence.

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